Brevity and Variety in Brass Warm-Ups

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A Coordinating tongue and hands
"Da" tongue

etc.

e etc.

Trumpet in B♭

Trombone

Tuba

Horn in F

Descending major (concert) scales to loosen embouchure
Can use a variety of articulations and dynamics. Always rubato.

B flat scale

A scale

A flat scale

G scale

G flat scale

F scale

Slow and warm the air when slurring down: "da - ahh." Let the top note "fall" onto the target note.

Buzz along on mouthpiece

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Faster, cooler air when slurring up "ah - ee." Always think "up" is forward and focused (air).

My Funny Valentine
Angel Eyes

Start with a "da" tongue and the same rhythm on each note of the scale (ascending or descending). Change articulations, change dynamics and, of course, change scales. Use a metronome to keep you honest and speed up the tempo with time.

Play 1-2 ballads in a low-medium range. Warm-up and review repertoire. Expand your range by changing octaves.

Sleeping Beauty

Buzz along on mouthpiece

Faster, cooler air when slurring up "ah - ee." Always think "up" is forward and focused (air).